

In 2020...



**We supported 21,675
people one to one**

(in person before the pandemic,
or over the phone or internet)



In 2020....



**We gave brief support
or assessment to
4005 people**



In 2020...



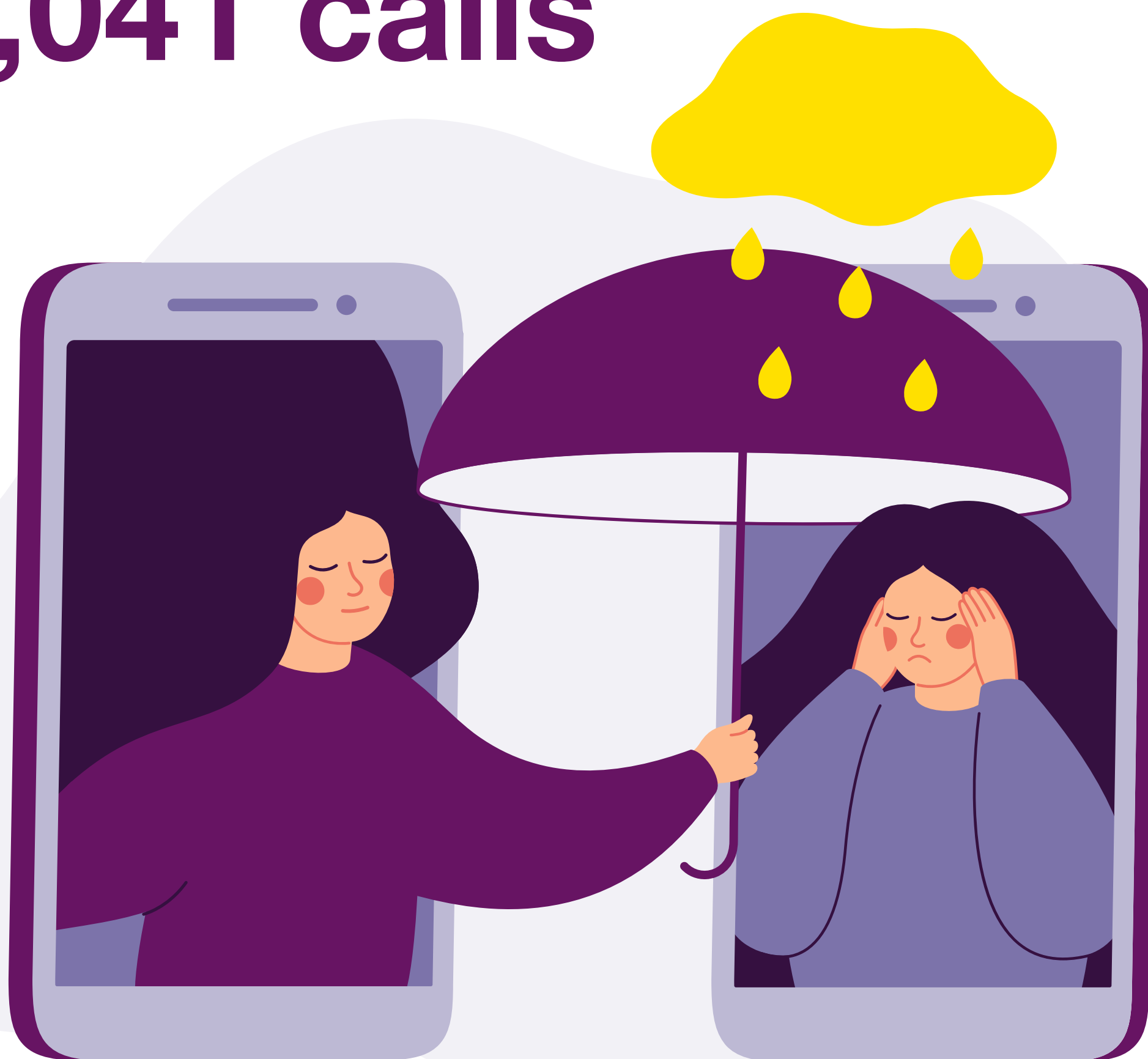
**We helped 5401 children
and young people**



In 2020...



**Our helpline answered
15,041 calls**



In 2020...



Our new online Cruse Chat held 14,856 chats

(after going live on 1st June)



In 2020...



**We supported 3431
people in groups**

(where it was safe to do so)

